

Balancing Our Acid/Alkaline System

Acidosis Symptom Checklist

from "Alkalise or Die" by Dr Theodore A. Baroody

The statements are for nutritional information only and not intended as medical advice. Always consult your physician for proper diagnosis and treatment.

Beginning	Intermediate	Advanced
<i>Acne</i>	<i>Cold Sores</i>	<i>Crohn's disease</i>
<i>Agitation</i>	<i>Depression</i>	<i>Schizophrenia</i>
<i>Muscular Pain</i>	<i>Loss of memory</i>	<i>Learning disabled</i>
<i>Cold hands and feet</i>	<i>Loss of concentration</i>	<i>Hodgkin's disease</i>
<i>Dizziness</i>	<i>Migraine headaches</i>	<i>Systemic Lupus Erythematosis</i>
<i>Low energy</i>	<i>Insomnia</i>	<i>Multiple Sclerosis</i>
<i>Joint pains that travel</i>	<i>Disturbance in smell, taste, vision, hearing</i>	<i>Sarcoidosis</i>
<i>Food allergies</i>	<i>Asthma</i>	<i>Rheumatoid arthritis</i>
<i>Chemical sensitivities to odours, gas heat</i>	<i>Bronchitis</i>	<i>Myasthenia gravis</i>
<i>Hyperactivity</i>	<i>Hay fever</i>	<i>Scleroderma</i>
<i>Panic Attacks</i>	<i>Ear Aches</i>	<i>Leukemia</i>
<i>Pre-menstrual and menstrual cramping</i>	<i>Hives</i>	<i>Tuberculosis</i>
<i>Pre-menstrual anxiety and depression</i>	<i>Swelling</i>	<i>All other forms of cancer</i>
<i>Lack of sex drive</i>	<i>Viral infections (colds, flu)</i>	
<i>Bloating</i>	<i>Bacterial infections (staph, strep)</i>	
<i>Heartburn</i>	<i>Fungal infections</i>	
<i>Diarrhea</i>	<i>Impotence</i>	
	<i>Urethritis</i>	

<i>Constipation</i>	<i>Cystitis</i>	
<i>Hot urine</i>	<i>Urinary infection</i>	
<i>Strong smelling urine</i>	<i>Gastritis</i>	
<i>Mild headaches</i>	<i>Colitis</i>	
<i>Rapid panting breath</i>	<i>Excessive falling hair</i>	
<i>Rapid heartbeat</i>	<i>Psoriasis</i>	
<i>White coated tongue</i>	<i>Endometriosis</i>	
<i>Hard to get up in the morning</i>	<i>Stuttering</i>	
<i>Excess head mucous(stuffiness)</i>	<i>Numbness and tingling</i>	
<i>Metallic taste in mouth</i>	<i>Sinusitis</i>	